# What will the school do when bullying is reported.

1 If your child is being bullied your child will be listened to and given strategies to deal with bullying. The school will give the child who was bullied and the bully an the opportunity to resolve the situation.

2 If a child persists in bullying they will be referred to a deputy or the principal and their parents will be contacted. The child's parents will be called in to discuss further actions.

3 If a child is found to be bullying again a consequence will be applied. This may include:

- In-school isolation (recess & lunchtime)
- Letter home to parents/parent interview.
- Counselling program
- Loss of privileges.
- Suspension.

4 Hitting, kicking and fighting are breaches of the school Code of Conduct and may involve the immediate application of consequences



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Parent Information regarding

**BULLYING** 



#### Aim

Cocos Islands District High School aims to provide a safe, secure and caring environment for our children.

Our School does not tolerate bullying and expects all members of our School Community to treat each other with respect.

### What signs may indicate your child is being bullied?

They may do some of the following:

- ♦ Be unwilling to go to school.
- · Become withdrawn.
- ♦ Begin to do poorly in schoolwork.
- Come home regularly with damaged clothes or possessions.
- ♦ Begin to have nightmares.
- Refuse to say what is wrong.
- Refuse to work in a particular group or sit next to a particular student.
- Develop mood swings.
- $\diamond$  Become withdrawn from social activities with peers.

## What should you do if your child is being bullied?

If your child is being bullied:

- ♦ Try not to overreact, listen calmly and try to work out the facts.
- Assure your child that it happens to most people at some time. We learn to avoid it, cope with it or confront it.
- Identify reasons why bullying is hurtful and explain that not responding helps in stopping the unwanted behaviour.
- Report the matter to a staff member, even if you are unsure of the extent of the bullying. The staff member/school will now be alert to the possibility of a problem.
- Getting angry back or hitting out is NOT the answer.

Always try to work through the school, but talk with your child about what you are doing and why.



### What should your child do if they are being bullied?

- Ignore the person bullying. Show that it does not upset them .
- ♦ If it does not stop they should :

DO something;

SAY something;

ASK for help

Share your feelings with others. Talk about it with friends, parents, a teacher or someone you think can help.

# What should your child do if they know of a child who is being bullied?

- ♦ Tell the person bullying to stop.
- Don't be a bystander and be the audience for the bully,
- ⋄ Be a friend to the person being bullied.

Ask for help from an adult.

#### We encourage students to:

- play fair
- let others join
- Sort out things peacefully